BROWNELL LIBRARY NEW TITLES, JANUARY 2019

FICTION

F BARTON Barton, Fiona. The suspect / Berkley, 2019

"The New York Times bestselling author of The Widow returns with a brand new novel of twisting psychological suspense about every parent's worst nightmare ... When two eighteen-year-old girls go missing in Thailand, their families are thrust into the international spotlight: desperate, bereft, and frantic with worry. What were the girls up to before they disappeared? Journalist Kate Waters always does everything she can to be first to the story, first with the exclusive, first to discover the truth--and this time is no exception. But she can't help but think of her own son, whom she hasn't seen in two years, since he left home to go travelling. As the case of the missing girls unfolds, they will all find that even this far away, danger can lie closer to home than you might think

F BERNEY Berney, Louis. November road: a novel / William Morrow, 2018

"Set against the assassination of JFK, a poignant and evocative crime novel that centers on a desperate cat-and-mouse chase across 1960s America -- a story of unexpected connections, daring possibilities, and the hope of second chances from the Edgar Award-winning author of The Long and Faraway Gone. Frank Guidry's luck has finally run out. A loyal street lieutenant to New Orleans' mob boss Carlos Marcello, Guidry has learned that everybody is expendable. But now it's his turn--he knows too much about the crime of the century: the assassination of President John F. Kennedy. Within hours of JFK's murder, everyone with ties to Marcello is turning up dead, and Guidry suspects he's next: he was in Dallas on an errand for the boss less than two weeks before the president was shot. With few good options, Guidry hits the road to Las Vegas, to see an old associate--a dangerous man who hates Marcello enough to help Guidry vanish. Guidry knows that the first rule of running is "don't stop," but when he sees a beautiful housewife on the side of the road with a broken-down car, two little daughters and a dog in the back seat, he sees the perfect disguise to cover his tracks from the hit men on his tail. Posing as an insurance man, Guidry offers to help Charlotte reach her destination, California. If she accompanies him to Vegas, he can help her get a new car. For her, it's more than a car-- it's an escape. She's on the run too, from a stifling existence in small-town Oklahoma and a kindly husband who's a hopeless drunk. It's an American story: two strangers meet to share the open road west, a dream, a hope--and find each other on the way."--provided by publisher.

F DUMAS Dumas, Alexandre. The man in the iron mask / Oxford University Press, 2008 Alexandre Dumas was already a best-selling novelist when he wrote this historical romance, combining (as he claimed) the two essentials of life--"l'action et l'amour." The Man in the Iron Mask concludes the epic adventures of the three Musketeers, as Athos, Porthos, Aramis, and their friend D'Artagnan, once invincible, meet their destinies.

F FINDER Finder, Joseph. Judgment: a novel / Dutton, an imprint of Penguin Random House LLC. 2019

"New York Times bestselling author Joseph Finder returns with an explosive new thriller about a female judge and the one personal misstep that could lead to her--and her family's--undoing. It was nothing more than a one-night stand. Juliana Brody, a judge in the Superior Court of Massachusetts, is rumored to be in consideration for the federal circuit, maybe someday the

highest court in the land. At a conference in a Chicago hotel, she meets a gentle, vulnerable man and in a moment of weakness has an unforgettable night with him. They part with an explicit understanding that this must never happen again. But back home in Boston, it becomes clear that this was no random encounter. The man from Chicago proves to have an integral role in a case she's presiding over--a sex-discrimination case that's received national attention. Juliana discovers that she's been entrapped, her night of infidelity captured on video. Strings are being pulled in high places, a terrifying unfolding conspiracy that will turn her life upside down. But soon it becomes clear that personal humiliation, even the possible destruction of her career, are the least of her concerns, as her own life and the lives of her family are put in mortal jeopardy. In the end, turning the tables on her adversaries will require her to be as ruthless as they are"--

F FREEMAN Freeman, Brian. The crooked street / Thomas & Mercer, 2019

When a friend becomes the latest victim in a string of murders linked by bizarre crime-scene snake paintings, San Francisco homicide detective Frost Easton is drawn into a cat-and-mouse game with the most formidable adversary of his career.

F HARPER Harper, Jane. The dry / Flatiron Books, 2018

"After getting a note demanding his presence, Federal Agent Aaron Falk arrives in his hometown for the first time in decades to attend the funeral of his best friend, Luke. Twenty years ago when Falk was accused of murder, Luke was his alibi. Falk and his father fled under a cloud of suspicion, saved from prosecution only because of Luke's steadfast claim that the boys had been together at the time of the crime. But now more than one person knows they didn't tell the truth back then, and Luke is dead. Amid the worst drought in a century, Falk and the local detective question what really happened to Luke. As Falk reluctantly investigates to see if there's more to Luke's death than there seems to be, long-buried mysteries resurface, as do the lies that have haunted them. And Falk will find that small towns have always hidden big secrets."

F KELLERMAN Kellerman, Jonathan. The wedding guest: an Alex Delaware novel / Ballantine Books, an imprint of Random House, a division of Penguin Random House LLC, 2019

"LAPD Lieutenant Milo Sturgis is a fine homicide detective, but when he needs to get into the mind of a killer, he leans on the expertise of his best friend, the brilliant psychologist Dr. Alex Delaware. While Sturgis has a knack for piecing together the details of a crime, Delaware can decipher the darkest intents driving the most vicious of perpetrators. And there's no better place for the doctor's analytical skills to shine than a rowdy hall full of young men and women intoxicated on life and lust . . . and suddenly faced with the specter of death. Summoned to a run-down former strip joint, Delaware and Sturgis find themselves crashing a wild Saints and Sinners-themed wedding reception. But they're not the only uninvited guests. A horrified bridesmaid has discovered the body of a young woman, dressed to impress in pricey haute couture and accessorized with a grisly red slash around her neck. What's missing is any means of identification, or a single partygoer who recognizes the victim. The baffled bride is convinced the stranger snuck in to sabotage her big day--and the groom is sure it's all a dreadful mistake. But Delaware and Sturgis have a hundred guests to question, and a sneaking suspicion that the motive for murder is personal. Now they must separate the sinners from the saints, the true from the false, and the secrets from those keeping them. The party's over--and the hunt for whoever killed it is on"--

F KINSELLA Kinsella, Sophie. I owe you one: a novel / Dial Press, 2019

"From #1 New York Times bestselling author Sophie Kinsella, an irresistible story of love and empowerment about a young woman with a complicated family, a handsome man who might be "the one," and an IOU that changes everything. Fixie Farr has always lived by her father's motto: "Family first." But ever since her dad passed away, leaving his charming kitchen supply store in the hands of his children, Fixie spends all her time picking up the slack from her siblings instead of striking out on her own. The way Fixie sees it, if she doesn't take care of her father's legacy, who will? It's simply not in Fixie's nature to tell people "no." So when a handsome stranger in a coffee shop asks her to watch his laptop for a moment, Fixie not only agrees--she ends up saving it from certain disaster. Turns out the computer's owner is an investment manager named Sebastian. To thank Fixie for her quick thinking, he scribbles an IOU on a coffee sleeve and attaches his business card. But Fixie laughs it off--she'd never actually claim an IOU from a stranger. Would she? Then Fixie's childhood crush Ryan comes back into her life and his lack of a profession pushes all of Fixie's buttons. She wants nothing for herself, but for Seb to give Ryan a job. And Seb agrees, until the tables are turned once more and a new series of IOU's between Seb and Fixie--from small favors to life-changing moments--ensue. Soon Fixie, Ms. Fixit for everyone else, is torn between her family and the life she really wants. Does she have the courage to take a stand for herself? Will she finally grab the life, and love, she really wants?"--

F PATTERSON Patterson, James. The house next door: thrillers / Grand Central Publishing, 2019

At first, Laura Sherman is thrilled to meet a fresh face, but will her relationship with the man next door go too far before she realizes he's not what he seems? Detective Andrew McGrath knows the only way to find six girls that have vanished without a trace is to get close to the suspect's wife - but will he get too close? Robert Barnett, a disgraced scientist, receives a shocking message that could change the world. But when a nationwide manhunt has him on the run for his life, will his dream discovery turn into a nightmare?

F PATTERSON HB 3 Patterson, James. Liar liar / Little, Brown and Company, 2019
Detective Harriet Blue is a very good cop, gone very bad. In the space of a week, she has committed theft and fraud, resisted arrest, assaulted a police officer, and is considered a dangerous fugitive from the law. It's all because of one man, Regan Banks. He viciously killed the only person in the world who matters to Harriet--and he plans to kill her next. As she recklessly speeds toward the dark side--and finally crosses it--Harriet won't stop until Regan pays for the many lives he has taken.

F PRONZINI Pronzini, Bill. The flimflam affair / Forge, 2019

Carpenter and Quincannon Professional Detective Services is a fixture in San Francisco at the dawn of a new century. Sabina and John will protect their clients, doing what is necessary to run the dregs of society into the arms of the law. Sometimes that involves brute force. Other times, a more subtle touch is needed. Professor A. Vargas, medium extraordinaire, and his partner, Annabelle, don't use picks to open locked doors, and most certainly don't use violence to get what they want. Instead they prey upon hopes and fears to swindle bereaved patrons. Soon John and Sabina find themselves in a dusky room, preparing to take the lying duo down. Then a knife flashes ... and our detectives must discover who is conning whom. Before they themselves are dispatched.

F ROBB ID 48 Robb, J. D. Connections in death: an Eve Dallas novel / St. Martin's Press, 2019

"Homicide cop Eve Dallas and her billionaire husband, Roarke, are building a brand-new school and youth shelter. They know that the hard life can lead kids toward dangerous crossroads, and with this new project, they hope to nudge a few more of them onto the right path. For expert help, they hire child psychologist Dr. Rochelle Pickering, whose own brother pulled himself out of a spiral of addiction and crime with Rochelle's support. Lyle is living with Rochelle while he gets his life together, and he's thrilled to hear about his sister's new job offer. But within hours, triumph is followed by tragedy. Returning from a celebratory dinner with her boyfriend, she finds Lyle dead with a syringe in his lap, and Eve's investigation confirms that this wasn't just another OD. After all his work to get clean, Lyle's been pumped full of poison, and a neighbor with a peephole reports seeing a scruffy, pink-haired girl fleeing the scene. Now Eve and Roarke must venture into the gang territory where Lyle used to run, and the ugly underground world of tattoo parlors and strip joints where everyone has taken a wrong turn somewhere. They both believe in giving people a second chance. Maybe even a third or fourth. But as far as they're concerned, whoever gave the order on Lyle Pickering's murder has run out of chances."

F SCOTT Scott, E. G. The woman inside: a novel / Dutton, 2019

"Rebecca didn't know love was possible until she met Paul, a successful, charismatic, married man with a past as dark as her own. Their pain drew them together with an irresistible magnetism; they sensed that they were each other's ideal (and perhaps only) match. But twenty years later, Paul and Rebecca are drowning as the damage and secrets that ignited their love begin to consume their marriage. Paul is cheating on Rebecca, and his affair gets messy fast. His mistress is stalking them with growing audacity when Rebecca discovers Paul's elaborate plan to build a new life without her. And though Rebecca is spiraling into an opiate addiction, it doesn't stop her from coming up with a devious plot of her own, and this one could end absolutely everything. What follows is an unpredictable and stylish game of cat and mouse, a shocking tale of unfaithfulness and unreliability that will keep you racing until the final twist and make you wonder how well you really know your spouse."

F STEEL Steel, Danielle. Turning point: Delacorte Press, 2019

Bill Browning heads the trauma unit at San Francisco's busiest emergency room, SF General. With his ex-wife and daughters in London, he immerses himself in his work and lives for rare visits with his children. A rising star at her teaching hospital, UCSF at Mission Bay, Stephanie Lawrence has two young sons, a frustrated stay-at-home husband, and not enough time for any of them. Harvard-educated Wendy Jones is a dedicated trauma doctor at Stanford, trapped in a dead-end relationship with a married cardiac surgeon. And Tom Wylie's popularity with women rivals the superb medical skills he employs at his Oakland medical center, but he refuses to let anyone get too close, determined to remain unattached forever. These exceptional doctors are chosen for an honor and a unique project: to work with their counterparts in Paris in a mass-casualty training program. As professionals, they will gain invaluable knowledge from the program. When an unspeakable act of mass violence galvanizes them into action, their temporary life in Paris becomes a stark turning point: a time to face harder choices than they have ever made before - with consequences that will last a lifetime.

F VANDERMEER VanderMeer, Jeff. Annihilation / Farrar, Straus and Giroux, 2014 Area X has claimed the lives of members of eleven expeditions. The twelfth expedition consisting of four women hopes to map the terrain and collect specimens; to record all their observations, scientific and otherwise, of their surroundings and of one another; and, above all, to avoid being contaminated by Area X itself.

NON-FICTION

152.46 WAL Walker, Bridget Flynn. Anxiety relief for kids: on-the-spot strategies to help your child overcome worry, panic, and avoidance / New Harbinger Publications, Inc., 2017 Provides quick in-the-moment solutions that can be used when anxiety takes hold.

306.874 HUR Hurley, Katie. No more mean girls: the secret to raising strong, confident, and compassionate girls / TarcherPerigee, 2018

Once upon a time, mean girls primarily existed in high school, while elementary school-aged girls spent hours at play and enjoyed friendships without much drama. But in this fast-paced world in which young girls are exposed to negative behaviors on TV and social media from the moment they enter school, they are also becoming caught up in social hierarchies much earlier. No More Mean Girls is a guide for parents to help their young daughters navigate tricky territories such as friendship building, creating an authentic self, standing up for themselves and others, and expressing themselves in a healthy way.

331.1097 CAS Cass, Oren. The once and future worker: a vision for the renewal of work in America / Encounter Books, 2018

"The American worker is in crisis. Wages have stagnated for more than a generation. Reliance on welfare programs has surged. Life expectancy is falling as substance abuse and obesity rates climb. These woes are not the inevitable result of irresistible global and technological forces. They are the direct consequence of a decades-long economic consensus that prioritized increasing consumption, regardless of the costs to American workers, their families, and their communities. Donald Trump's rise to the presidency focused attention on the depth of the nation's challenges, yet while everyone agrees something must change, the Left's insistence on still more government spending and the Right's faith in still more economic growth are recipes for repeating the mistakes of the past. In this groundbreaking re-evaluation of American society, economics, and public policy, Oren Cass challenges our basic assumptions about what prosperity means and where it comes from to reveal how we lost our way. The good news is that we can still turn things around, if the nation's proverbial elites are willing to put the American workers' interests first. Which is more important, pristine air quality, or well-paying jobs that support families? Unfettered access to the cheapest labor in the world, or renewed investment in the employment of Americans? Smoothing the path through college for the best students, or ensuring that every student acquires the skills to succeed in the modern economy? Cutting taxes, expanding the safety net, or adding money to low-wage paychecks? The renewal of work in America demands new answers to these questions. If we reinforce their vital role, workers supporting strong families and communities can provide the foundation for a thriving, self-sufficient society that offers opportunity to all. "

331.7616 LAN Land, Stephanie. Maid: hard work, low pay, and a mother's will to survive / Hachette Books, 2019

A journalist describes the years she worked in low-paying domestic work under wealthy employers, contrasting the privileges of the upper-middle class to the realities of the overworked laborers supporting them.

342.73 TRI Tribe, Laurence H. To end a presidency: the power of impeachment / Basic Books, 2018

"This is a book about ending presidencies through the power of impeachment. It's also a book about fighting for the US Constitution and the democracy it protects. As such, this book is a general exploration of law, history, and politics bearing on the exercise of the impeachment power in the US Constitution. Our goal is to identify general principles and frameworks that should govern any impeachment analysis, in each chapter identifying important recurring questions and proposing a framework for how to think about them"--

362.734 CHU Chung, Nicole. All you can ever know: a memoir / Catapult, 2018 Chung investigates the mysteries and complexities of her transracial adoption in this chronicle of unexpected family for anyone who has struggled to figure out where they belong | Nicole Chung was born severely premature, placed for adoption by her Korean parents, and raised by a white family in a sheltered Oregon town. She was told her biological parents had made the ultimate sacrifice in the hope of giving her a better life, that forever feeling slightly out of place was her fate as a transracial adoptee. But Nicole grew up facing prejudice her adoptive family couldn't see, and wondered if the story she'd been told was the whole truth. Here Chung tells of her search for the people who gave her up, and chronicles the repercussions of unearthing painful family secrets. -- adapted from jacket

560.75 WIL Williams, Paige. The dinosaur artist: obsession, betrayal, and the quest for Earth's ultimate trophy / Hachette Books, 2018

"In 2012, a New York auction catalogue boasted an unusual offering: "a superb Tyrannosaurus skeleton." In fact, Lot 49135 consisted of a nearly complete T. bataar, a close cousin to the most famous animal that ever lived. The fossils now on display in a Manhattan event space had been unearthed in Mongolia, more than 6,000 miles away. At eight-feet high and 24 feet long, the specimen was spectacular, and when the gavel sounded the winning bid was over \$1 million. Eric Prokopi, a thirty-eight-year-old Floridian, was the man who had brought this extraordinary skeleton to market. A onetime swimmer who spent his teenage years diving for shark teeth, Prokopi's singular obsession with fossils fueled a thriving business hunting, preparing, and selling specimens, to clients ranging from natural history museums to avid private collectors like actor Leonardo DiCaprio. But there was a problem. This time, facing financial strain, had Prokopi gone too far? As the T. bataar went to auction, a network of paleontologists alerted the government of Mongolia to the eye-catching lot. As an international custody battle ensued, Prokopi watched as his own world unraveled. In the tradition of The Orchid Thief, The Dinosaur Artist is a stunning work of narrative journalism about humans' relationship with natural history and a seemingly intractable conflict between science and commerce. A story that stretches from Florida's Land O' Lakes to the Gobi Desert, The Dinosaur Artist illuminates the history of fossil collecting--a murky, sometimes risky business, populated by eccentrics and obsessives, where the lines between poacher and hunter, collector and smuggler, enthusiast and opportunist, can easily blur. In her first book, Paige Williams has given readers an irresistible story that spans continents, cultures, and millennia as she examines the question of who, ultimately, owns the past."

613.26 LON Longo, Valter. The longevity diet: discover the new science behind stem cell activation and regeneration to slow aging, fight disease, and optimize weight / Avery, an imprint of Penguin Random House, 2018

"The internationally renowned, clinically tested, revolutionary diet program to lose weight, fight disease, and live a longer, healthier life. Can what you eat determine how long, and how

well, you live? The clinically proven answer is yes, and The Longevity Diet is easier to follow than you'd think. The culmination of 25 years of research on aging, nutrition, and disease across the globe, this unique program lays out a simple solution to living to a healthy old age through nutrition. The key is combining the healthy everyday eating plan the book outlines, with the scientifically engineered fasting-mimicking diet, or FMD; the FMD, done just 3-4 times a year, does away with the misery and starvation most of us experience while fasting, allowing you to reap all the beneficial health effects of a restrictive diet, while avoiding negative stressors, like low energy and sleeplessness. Valter Longo, director of the Longevity Institute at USC and the Program on Longevity and Cancer at IFOM in Milan, designed the FMD after making a series of remarkable discoveries in mice, then in humans, indicating that specific diets can activate stem cells and promote regeneration and rejuvenation in multiple organs to significantly reduce risk for diabetes, cancer, Alzheimer's, and heart disease. Longo's simple pescatarian daily eating plan and the periodic fasting-mimicking techniques can both yield impressive results. Low in proteins and sugars and rich in healthy fats and plant-based foods, The Longevity Diet is proven to help you: Lose weight and reduce abdominal fat; Extend your healthy lifespan with simple everyday changes; Prevent age-related muscle and bone loss; Build your resistance to diabetes, cardiovascular disease, Alzheimer's and cancer. Longo's healthy, life span-extending program is based on an easy-to-adopt pescatarian plan along with the fasting-mimicking diet no more than 4 times a year, just 5 days at a time. Including 30 easy recipes for an everyday diet based on Longo's five pillars of longevity, The Longevity Diet is the key to living a longer, healthier, more fulfilled life."--

613.7044 BER Bercovici, Jeff. Play on: the new science of elite performance at any age / Houghton Mifflin Harcourt, 2018

"A lively, thoroughly researched tour of the latest in fitness science and technology, and the strategies of elite and amateur athletes who are performing at peak levels for decades longer than before"--

613.7182 EIK Eiko. Even the stiffest people can do the splits: a 4-week stretching plan to achieve amazing health / Rodale, 2017

"Whether you spend your days running marathons or slouching over a keyboard, you can benefit from stretching and the increased flexibility that comes along with it. With only 5 minutes of targeted stretching a day, you will experience a host of health benefits, such as: better circulation, fewer joint injuries, toned muscles, improved balance, and much more! With world-renowned yoga teacher Eiko's revolutionary program, people of any age and fitness level can say goodbye to those mysterious aches and pains that are caused by stiff, contracting muscles and see unbelievable results. All you need is this book, two legs, and a floor and you're on your way to doing the splits!" -- Page 4 of cover.

614.56 AND Andiman, Warren. Animal viruses and humans, a narrow divide: how lethal zoonotic viruses spill over and threaten us / Paul Dry Books, 2018

To reproduce promiscuously and to wreak havoc wherever they can find a home, this is the sole raison d'être of viruses, writes Dr. Warren Andiman, an HIV/AIDS researcher who has been on the front lines battling infectious diseases for over forty years. In Animal Viruses and Humans: A Narrow Divide, Andiman traces the history of eight zoonotic viruses, deadly microbes that have made the leap directly from animals to human populations: Middle East Respiratory Syndrome (MERS), Swine influenza, Hantavirus, Monkeypox, Severe Acute Respiratory Syndrome (SARS), Rabies, Ebola, and Henipaviruses (Nipah and Hendra). He also illustrates the labor intensive and fascinating detective work that infectious disease specialists must do to uncover

the source of an outbreak. Andiman also looks to the future, envisioning the effects on zoonoses (diseases caused by zoonotic viruses) of climate change, microenvironmental damage, population shifts, and globalization. He reveals the steps that we can, and must, take to stem the spread of animal viruses, explaining, "The zoonoses I've chosen to write about . . . are meant to describe only a small sample of what is already out there but, more menacingly, what is inevitably on its way, in forms we can only imagine."

616.047 MED Medical symptoms: a visual guide / DK Publishing, 2018

"Diagnose any health problem with this simple visual symptom guide: illustrations of every part of the body lead you straight to the problem; easy-to-follow descriptions of symptoms guide you to the likely cause and more information about the condition; symbols indicate the appropriate form of medical help; ailments that need urgent medical advice are clearly flagged; written and authenticated by a team of doctors."--Page 4 of cover.

616.079 DAV Davis, Daniel M. The beautiful cure: the revolution in immunology and what it means for your health / The University of Chicago Press, 2018

"The immune system holds the key to human health. In The Beautiful Cure, leading immunologist Daniel M. Davis describes how the scientific quest to understand how the immune system works, and how it is affected by stress, sleep, age, and our state of mind, is now unlocking a revolutionary new approach to medicine and well-being. The body's ability to fight disease and heal itself is one of the great mysteries and marvels of nature. But in recent years, painstaking research has resulted in major advances in our grasp of this breathtakingly beautiful inner world: a vast and intricate network of specialist cells, regulatory proteins, and dedicated genes that are continually protecting our bodies. Far more powerful than any medicine ever invented, the immune system plays a crucial role in our daily lives. We have found ways to harness these natural defenses to create breakthrough drugs and so-called immunotherapies that help us fight cancer, diabetes, arthritis, and many age-related diseases, and we are starting to understand whether activities such as mindfulness might play a role in enhancing our physical resilience. Written by a researcher at the forefront of this adventure, The Beautiful Cure tells a dramatic story of scientific detective work and discovery, of puzzles solved and mysteries that linger, of lives sacrificed and saved. With expertise and eloquence, Davis introduces us to this revelatory new understanding of the human body and what it takes to be healthy."

616.8588 TAY Taylor, Lori Ashley. Dragonfly: a daughter's emergence from autism: a practical guide for parents / Skyhorse Publishing, 2018

"Over a decade ago, an autism diagnosis had confined Lori Ashley Taylor's daughter Hannah to an inaccessible world. Lori became a tireless researcher, worker, and advocate, and her dedication showed results. There can be progression and shifting on the spectrum, and Hannah has done just that--she has emerged. Part narrative and part practical guide, Dragonfly provides anecdotal and practical guidance for parents of children with autism spectrum disorder. The author discusses intervention strategies, therapies such as Applied Behavioral Analysis (ABA), and different medical tests. She explains Autism terminology like hyperresponsivesness and stimming. A classroom teacher herself, she recommends educational accommodations and supports. Busy parents can find practical tips on everything from making friends to Sensory Processing Disorder in helpful sidebars in the text. Taylor's personal experience is supplemented by wisdom from a series of round table discussions featuring other parents of children with autism--Publisher's website.

616.9944 FUN Funk, Kristi. Breasts; the owner's manual; every woman's guide to reducing cancer risk, making treatment choices, and optimizing outcomes / W Publishing, 2018 "A comprehensive guide to total breast health from the go-to breast care expert for Good Morning America and The Doctors. One in eight women will be diagnosed with breast cancer over the course of their lives, and breast cancer is the #1 killer of women ages 20-59. But did you know that only 15 percent of those diagnosed have a single relative with breast cancer? For most of us, family history and genetics do not determine who gets breast cancer--we do! You have power over this disease. In BREASTS: The Owner's Manual, Dr. Kristi Funk shows you how to harness that power. This practical guide equips women with the most up-to-date tools for cancer prevention and outlines a compassionate roadmap for treatment options. Kristi Funk, MD, is a Board-certified breast cancer surgeon based in Los Angeles and co-founder of the Pink Lotus Breast Center, which has transformed the delivery of breast healthcare in America, Long before Dr. Funk performed Angelina Jolie's widely-discussed double prophylactic mastectomy, Dr. Funk strategized with her about the most effective and honest way to communicate her decision to the world. Their announcement led to a permanent increase in preventive testing for the BRCA gene. Now, Dr. Funk takes the broader conversation about total breast health to women everywhere with this straight-talking guide. Her mission is to educate as many women as possible about what they can do to stop breast cancer before it starts. Every year, 1 million cases of breast cancer are diagnosed globally, with more than 240,000 in the US alone. Breasts: The Owner's Manual will help many women avoid this unwelcome journey and will provide wisdom and practical advice for those already walking this challenging path"--

618.2 ROP Rope, Kate. Strong as a mother: how to stay healthy, happy, and (most importantly) sane from pregnancy to parenthood: the only guide to taking care of you! / St. Martin's Griffin, 2018

In this practical and compassionate book, mothers will find a guide to managing their own well-being throughout pregnancy and parenthood. Topics include: prioritizing emotional health; setting boundaries and asking for help; making choices about birth, feeding, and parenting; getting good sleep; maintaining a relationship with your partner; and self care. Learn to trust your instincts and actually enjoy the hardest job you will ever love!

618.76 FOX Fox Starr, Rebecca. Beyond the baby blues: anxiety and depression during and after pregnancy / Rowman & Littlefield, 2018

A spotlight has been shone on postpartum depression with high-profile celebrities speaking out on their stories. However, anxiety & depression can also strike during pregnancy, and the effects can be just as devastating. Here, the author explores her own and others experiences with prenatal and postpartum depression, offering insight and guidance.

641.3008 HEL Helwig, Jenna. Baby-led feeding: a natural way to raise happy, independent eaters / Houghton Mifflin Harcourt, 2018

What if you could skip the tiny jars and pouches of bland baby food in favor of a more natural, flavor-filled, and family-friendly transition to solid foods? Baby-led feeding (also known as baby-led weaning) is just that. Feeding your baby a variety of healthy, wholesome solid foods, rather than relying solely on purees, is thought to promote motor skills and establish lifelong healthy eating habits. Here, author and food editor at Parents magazine Jenna Helwig gives an easy-to-follow introduction to this popular new method. With more than 100 ideas and recipes, this bright, photo-driven book includes chapters on the benefits of this approach, when and how to get started, essential safety and nutrition guidelines, frequently asked questions, basic fruit and vegetable prep, more complex finger foods, and family meals. All recipes have been

reviewed by a registered dietitian and include nutrition information to ensure a healthy mealtime.

641.5636 CHA Chapman, Emma. A beautiful mess: weekday weekend: how to live a healthy veggie life ... and still eat treats / Chronicle Books, 2017

"If you are looking for a great first step toward eating better, or you're in need of a healthy reset button, please join us in Weekday Weekend eating! We're making delicious plant-based food all week and then spending our weekend enjoying a few treats, you're gonna love it -- and you can do this. Come eat with us." -- Back cover.

909 HAR Harari, Yuval N. Sapiens: a brief history of humankind / Harper, 2015

"From a renowned historian comes a groundbreaking narrative of humanity's creation and evolution--a #1 international bestseller--that explores the ways in which biology and history have defined us and enhanced our understanding of what it means to be "human." One hundred thousand years ago, at least six different species of humans inhabited Earth. Yet today there is only one--homo sapiens. What happened to the others? And what may happen to us? Most books about the history of humanity pursue either a historical or a biological approach, but Dr. Yuval Noah Harari breaks the mold with this highly original book that begins about 70,000 years ago with the appearance of modern cognition. From examining the role evolving humans have played in the global ecosystem to charting the rise of empires, Sapiens integrates history and science to reconsider accepted narratives, connect past developments with contemporary concerns, and examine specific events within the context of larger ideas. Dr. Harari also compels us to look ahead, because over the last few decades humans have begun to bend laws of natural selection that have governed life for the past four billion years. We are acquiring the ability to design not only the world around us, but also ourselves. Where is this leading us, and what do we want to become? Featuring 27 photographs, 6 maps, and 25 illustrations/diagrams, this provocative and insightful work is sure to spark debate and is essential reading for aficionados of Jared Diamond, James Gleick, Matt Ridley, Robert Wright, and Sharon Moalem"--

915.694 ISR Israel & the Palestinian territories / Lonely Planet Publications, 1996

920 COO Cooney, Kara. When women ruled the world: six queens of Egypt / National Geographic, 2018

"Explores the lives of six remarkable female pharaohs, from Hatshepsut to Cleopatra--women who ruled with real power. What was so special about ancient Egypt that provided women this kind of access to the highest political office? What was it about these women that allowed them to transcend patriarchal obstacles? What did Egypt gain from its liberal reliance on female leadership, and could today's world learn from its example?"-- Provided by publisher.

921 BRYANT Bryant, Kobe. The Mamba Mentality: how I play / MCD, Farrar, Strauss, and Giroux, 2018

In the wake of his retirement from professional basketball, Kobe "The Black Mamba" Bryant shares his vast knowledge and understanding of the game. Citing an obligation to teach young players, hardcore fans, and devoted students of the game how to play it "the right way," The Mamba Mentality takes us inside the mind of one of the most analytical and creative basketball players ever. Bryant reveals his famously detailed approach and the steps he took to prepare mentally and physically to not just succeed at the game, but to excel. Readers learn how Bryant studied an opponent, how he channeled his passion for the game, how he played

through injuries. They also get granular detail as he breaks down specific plays and match-ups from throughout his career.

921 FORD McCubbin, Lisa. Betty Ford: First Lady, women's advocate, survivor, trailblazer / Gallery Books, 2018

"An intimate and insightful biography of Betty Ford, the groundbreaking, candid, and resilient First Lady and wife of President Gerald Ford, from the #1 New York Times bestselling coauthor of Five Presidents and Mrs. Kennedy and Me. Betty Ford: First Lady, Women's Advocate, Survivor, Trailblazer is the inspiring story of an ordinary Midwestern girl thrust onto the world stage and into the White House under extraordinary circumstances. Setting a precedent as First Lady, Betty Ford refused to be silenced by her critics as she publicly championed equal rights for women, and spoke out about issues that had previously been taboo--breast cancer. depression, abortion, and sexuality. Privately, there were signs something was wrong. After a painful intervention by her family, she admitted to an addiction to alcohol and prescription drugs. Her courageous decision to speak out publicly sparked a national dialogue, and in 1982, she co-founded the Betty Ford Center, which revolutionized treatment for alcoholism and inspired the modern concept of recovery. Lisa McCubbin also brings to light Gerald and Betty Ford's sweeping love story: from Michigan to the White House, until their dying days, their relationship was that of a man and woman utterly devoted to one another -- a relationship built on trust, respect, and an unquantifiable chemistry. Based on intimate in-depth interviews with all four of her children, Susan Ford Bales, Michael Ford, Jack Ford, and Steven Ford, as well as family friends, and colleagues, Betty Ford: First Lady, Women's Advocate, Survivor, Trailblazer is a deeply personal, empathic portrait of an outspoken First Lady, who was first and foremost a devoted wife and mother. With poignant details and rare insight, McCubbin reveals a fiercely independent woman who had a lively sense of humor, unwavering faith, and an indomitable spirit--the true story behind one of the most admired and influential women of our time"--

921 MCKINLEY Merry, Robert W. President McKinley: architect of the American century / Simon & Schuster, 2017

"In this great American story, acclaimed historian Robert Merry resurrects the presidential reputation of William McKinley, which loses out to the brilliant and flamboyant Theodore Roosevelt who succeeded him after his assassination. He portrays McKinley as a chief executive of consequence whose low place in the presidential rankings does not reflect his enduring accomplishments and the stamp he put on the country's future role in the world"—

921 SCALISE Scalise, Steve. Back in the game: one gunman, countless heroes, and the fight for my life / Center Street, 2018

"On the morning of June 14, 2017, at a practice field for the annual Congressional Baseball Game, a man opened fire on the Republican team, wounding five and nearly killing Louisiana Congressman Steve Scalise. In heart-pounding fashion, Scalise's minute-by-minute account tells not just his own harrowing story, but the stories of heroes who emerged in the seconds after the shooting began, and worked to save his life and the lives of his colleagues and teammates. Scalise delves into the backgrounds of each hero, seeking to understand how everyone wound up right where they needed to be, right when they needed to be there, and in possession of just the knowledge and experience they needed in order to save his life. Scalise takes us through each miracle, and each person who experienced it. He brings us the story of Rep. Brad Wenstrup, an Army Reserve officer and surgeon whose experience serving in combat in Iraq uniquely prepared him for the attack that morning; of the members of his security detail, who acted with nearly cinematic courage; of the police, paramedics, helicopter pilots and trauma

team who came together to save his life. Most important, it tells of the citizens from all over America, who came together in ways big and small to help one grateful man, and whose prayers lifted Scalise up during the worst days of his hospitalization. As we follow the gripping, poignant, and ultimately inspiring story, we begin to realize what Scalise learned firsthand in real time: that Americans look out for each other, and that there is far more uniting us than dividing us."--Dust jacket.

921 SPIEGELMAN Spiegelman, Art. MetaMaus /Pantheon Books, 2011

The cartoonist re-enters the book that consumed him for 13 years to talk about his survivor parents, the oxymoron of picturing life in a death camp, his guilt-ridden success, racist imagery, and his beloved medium. Witty, intimate, and revelatory, MetaMaus tells the story of how and why a work of art is made, as it grapples with the questions that Maus has most often evoked.

921 WASHINGTON Calloway, Colin G. The Indian world of George Washington: first Americans, the first President, and the birth of the nation / Oxford University Press, 2018 "An authoritative, sweeping, and fresh new biography of the nation's first president, Colin G. Calloway's book reveals fully the dimensions and depths of George Washington's relations with the First Americans."--Provided by publisher.

921 WESTOVER Westover, Tara. Educated: a memoir / Random House, 2018

"Tara Westover was seventeen the first time she set foot in a classroom. Born to survivalists in the mountains of Idaho, she prepared for the end of the world by stockpiling home-canned peaches and sleeping with her "head-for-the-hills bag." In the summer, she stewed herbs for her mother, a midwife and healer, and in the winter she salvaged in her father's junkyard. The family was so isolated from mainstream society that there was no one to ensure the children received an education, and no one to intervene when one of Tara's older brothers became violent. As a way out, Tara began to educate herself, learning enough mathematics and grammar to be admitted to Brigham Young University. Her quest for knowledge would transform her, taking her over oceans and across continents, to Harvard and to Cambridge. Only then would she wonder if she'd traveled too far, if there was still a way home. With the acute insight that distinguishes all great writers, Tara Westover has crafted a universal coming-of-age story that gets to the heart of what an education offers: the perspective to see one's life through new eyes, and the will to change it."--Provided by publisher.

973.3 DRU Drury, Bob. Valley Forge / Simon & Schuster, 2018

"The #1 New York Times bestselling authors of The Heart of Everything That Is and Lucky 666 return with an unforgettable and perhaps the most underappreciated chapter in American history--the inspiring, page-turning account of Valley Forge, the Continental Army winter camp where George Washington turned the tide of the American Revolution. On December 19, 1777, some twelve thousand members of America's nascent Continental Army staggered into Valley Forge, Pennsylvania, a small encampment twenty-three miles northwest of British-occupied Philadelphia. The starving and half-naked force was reeling from a string of demoralizing defeats at the hands of the King George III's army, and barely equipped to survive the coming winter. Their commander in chief, the focused and forceful George Washington, was at the lowest ebb of his military career. With the Continental Congress in exile and its treasury depleted, the American Revolution appeared lost. As the days and weeks passed, however, Washington embarked on a mission to transform his troops from a bobtail army of citizen soldiers into a professional fighting force. Keeping a wary eye out for a British attack, he was

aided by a trio of home-grown generals as well as a young coterie of American advisors and foreign volunteers led by Alexander Hamilton, John Laurens, and the Marquis de Lafayette. Within six months Washington had achieved his miracle. Valley Forge is the riveting true story of an underdog United States toppling an empire. Using new and rarely seen contemporaneous documents--and drawing on a cast of iconic characters and remarkable moments that capture the innovation and energy that led to the birth of our nation--the New York Times bestselling authors Bob Drury and Tom Clavin provide a breathtaking account of this seminal and previously undervalued moment in the battle for American independence"—

GREAT DECISIONS 2019 / Dartmouth Printing Co., 2019

"The *Great Decisions* briefing book features impartial, thought-provoking analyses on eight issues of concern to U.S. policymakers today. Written by carefully selected experts, each article offers policy options for U.S. officials as well as questions and tools for discussion."

LARGE PRINT

LP BRADFORD Bradford, Barbara Taylor. Master of his fate Center Point Large Print, 2019 "Working at his father's market stall in Victorian England, James Lionel Falconer determines to become a merchant prince. Hardworking and trustworthy, he catches the eye of Henry Malvern, head of the most prestigious London shipping company. When threats against his reputation--and his life--emerge, James must prove that he truly is the master of his fate"—

LP BROWN Brown, Rita Mae. Homeward hound / Center Point Large Print, 2019
As winter deepens over the Blue Ridge Mountains, even the threat of snowstorms cannot derail this year's Christmas run, not as long as Sister Jane has a say in it. With spirits high and traditions strong, a glorious parade of hunters in full holiday regalia gathers on the grounds of Tattenhall Station. But a blinding blizzard brings an early end to the sport. More disturbing: A horse soon returns without its rider.

LP CHILD Child, Lee. Past tense a Jack Reacher novel / Random House Large Print, 2018 "Jack Reacher hits the pavement and sticks out his thumb. He plans to follow the sun on an epic trip across America, from Maine to California. He doesn't get far. On a country road deep in the New England woods, he sees a sign to a place he has never been: the town where his father was born. He thinks, 'What's one extra day?' He takes the detour. At the same moment, in the same isolated area, a car breaks down. Two young Canadians had been on their way to New York City to sell a treasure. Now they're stranded at a lonely motel in the middle of nowhere. The owners seem almost too friendly. It's a strange place, but it's all there is. The next morning, in the city clerk's office, Reacher asks about the old family home. He's told no one named Reacher ever lived in town. He's always known his father left and never returned, but now Reacher wonders, 'Was he ever there in the first place?' As Reacher explores his father's life, and as the Canadians face lethal dangers, strands of different stories begin to merge. Then Reacher makes a shocking discovery: The present can be tough, but the past can be tense ... and deadly"--

LP GRISHAM Grisham, John. The reckoning Random House Large Print, 2018 In 1946 Clanton, Mississippi, World War II hero Pete Banning calmly and inexplicably kills his pastor and friend, the Reverend Dexter Bell, and refuses to defend his actions during the subsequent trial.

LP GROSS Gross, Andrew. Button man / Center Point Large Print, St. Martin's Press, 2019 A stirring story of a Jewish family brought together in the dawn of the women's garment business and torn apart by the birth of organized crime in New York City in the 1930s.

AUDIO-VISUAL

DVD 320.973 DEA Death of a nation / Big Lie, LLC, 2018

Draws parallels between the dramatic fracturing of the nation over Abraham Lincoln's presidency and the presidency of Donald Trump.

DVD 362.11 MAY The Mayo Clinic: faith, hope, science / Distributed by PBS Distribution, 2018

Discover the story of the renowned institution that has been called a 'Medical Mecca', the 'Supreme Court of Medicine', and the 'place for hope when there is no hope'.

DVD AVE 3 Avengers: Infinity war / Marvel Studios, Buena Vista Home Entertainment, 2018

As the Avengers and their allies have continued to protect the world from threats too large for any one hero to handle, a new danger has emerged from the cosmic shadows: Thanos. A despot of intergalactic infamy, his goal is to collect all six Infinity Stones, artifacts of unimaginable power, and use them to inflict his twisted will on all of reality.

DVD EQU 2 The Equalizer/ Sony Pictures Home Entertainment, 2018

Robert McCall has rededicated his life to the pursuit of justice. But when his mission strikes close to home, he will be consumed by vengeance, seeking a revenge that knows no boundaries.

DVD FIF 3 Fifty shades freed / Universal Pictures Home Entertainment, 2018

Jamie Dornan and Dakota Johnson return as Christian Grey and Anastasia Steele in Fifty Shades Freed, the climactic chapter based on the worldwide bestselling Fifty Shades phenomenon. Believing they have left behind shadowy figures from their past, newlyweds Christian and Ana fully embrace an inextricable connection and shared life of luxury. But just as she steps into her role as Mrs. Grey and he relaxes into an unfamiliar stability, new threats could jeopardize their happy ending before it even begins.

DVD GREAT DECISIONS 2019 Great decisions / Foreign Policy Association, 2019Narrated by Academy Award nominated actor David Strathairn, *Great Decisions in Foreign Policy* brings you eight half-hour documentaries, each tackling a different challenge facing America today.

DVD GUA 2 Guardians of the galaxy / Marvel Studios, Buena Vista Home Entertainment, 2017

Set to the all-new sonic backdrop of Awesome Mixtape #2, Marvel Studios' Guardians of the Galaxy Vol. 2 continues the team's adventures as they traverse the outer reaches of the cosmos. The Guardians must fight to keep their newfound family together as they unravel the mystery of Peter Quill's true parentage. Old foes become new allies, and characters from the classic comics come to their aid as the Marvel Cinematic Universe continues to expand.

DVD HAL Halloween / Distributed by Anchor Bay Entertainment, 2000

On Halloween night years ago, little Michael Meyers brutally slaughtered his sister in cold blood. But for the last fifteen years, town residents have rested easy, knowing that he was safely locked away in a mental hospital ... until tonight. Tonight, Michael returns to the same quiet neighborhood to relive his grisly murder again ... and again ... and again. Tonight is Halloween!

DVD INT An interview with God / Universal Pictures Home Entertainment, 2018
An up-and-coming journalist finds his world and faith increasingly challenged when he's granted the interview of a lifetime, with someone who claims to be God.

TV DVD ALL S.2 All in the family / Columbia TriStar Home Entertainment, 2003 A conservative bigot clashes with family and neighbors with comedic results

TV DVD ALL S.3 All in the family / Sony Pictures Home Entertainment, 2009 Conservative, blue-collar Archie Bunker deals with a changing world as his liberal daughter and son-in-law move into his Queens home.

TV DVD CRA S.3 Crazy ex-girlfriend / Warner Bros. Home Entertainment, 2018
A young woman moves to West Covina, California after leaving her job at a law firm and her life in New York.

TV DVD GRE S.13 Grey's anatomy / ABC Studios, Buena Vista Home Entertainment, 2017 After being on her own for some time, Meredith is beginning to explore the idea of a romance with Riggs. Unfortunately, Maggie desires him as well, which threatens to drive a bitter wedge between the sisters. At the same time, despite their differences, Jackson and April must come together when they are assigned a difficult case. Meanwhile, Alex faces the consequences of his vicious attack on DeLuca, Owen and Amelia's marriage implodes and a hospital-wide mutiny erupts when Bailey demotes Webber.

TV DVD SHA S.1 Shakespeare uncovered / PBS Distribution 2013

Six episodes combine history, biography, iconic performances, new analysis, and the personal passion of their celebrated hosts (Ethan Hawke, Jeremy Irons, Derek Jacobi, Trevor Nunn, Joely Richardson, and David Tennant) to tell the story behind the stories of Shakespeare's greatest plays.

TV DVD SHA S.2 Shakespeare uncovered / PBS Distribution, 2014

Six episodes combine history, biography, iconic performances, new analysis and the personal passion of its celebrated hosts, to tell the story behind the stories of Shakespeare's greatest plays.

TV DVD SHA S.3 Shakespeare uncovered / Distributed by PBS Distribution, 2018 Combines elements of analysis, history, biography, performance, and the personal passions of six presenters to tell the stories behind the stories of six Shakespeare plays. Includes interviews with actors, directors, and scholars; visits to key locations; clips from celebrated film and television adaptations; and illustrative excerpts from performances staged at Shakespeare's Globe in London especially for the series.

TV DVD VIK S.5 V.1 Vikings / Twentieth Century Fox Home Entertainment, 2018
Season five begins with Ivar the Boneless asserting his leadership over the Great Heathen Army, while Lagertha reigns as Queen of Kattegat. Iver's murder of his brother Sigurd sets the stage for vicious battles to come, as Ragnar's sons plot their next move after avenging their father's death.

GREAT COURSES

GC 168 ZAR Zarefsky, David. Argumentation the study of effective reasoning / Teaching Co., 2005

Lectures by Dr. David Zarefsky, Professor of Argumentation and Debate and Professor of Communication Studies, Northwestern University, cover the history of rhetoric and debate as well as analysis of different types of arguments in various situations.

GC 220 EHR PT.1 Ehrman, Bart D. The New Testament / Teaching Co., 2000 Presents twenty-four lectures delivered by Professor Bart D. Ehrman, University of North Carolina, Chapel Hill.

GC 220 EHR PT.2 Ehrman, Bart D. The New Testament / Teaching Co., 2000 Presents twenty-four lectures delivered by Professor Bart D. Ehrman, University of North Carolina, Chapel Hill.

GC 320.5 ROB Robinson, Daniel N. American ideals founding a "Republic of Virtue" / Teaching Co., 2004

Explores the principles that guided the founding of the United States, the conditions that led to the break with Great Britain, and the creation of such founding documents as the Declaration of Independence and the Constitution.

GC 371.3028 GEI Geisen, Michael. How to become a superstar student / The Teaching Company, 2011

GC 395.52 CUR Curzan, Anne. How conversation works 6 lessons for better communication / Teaching Co., 2012

"How do you make conversation with someone you have just met? When is communicating by email ill-advised? How do you say 'no' without using that dreaded word? Regardless of age or occupation, conversation can be tricky. And like it or not, it's one of the most important things you do on a daily basis. Successful conversations help you advance professionally and make, maintain, and deepen relationships. Moreover, research shows that talking, when done on a substantive level, is correlated with a feeling of happiness and general well-being. Being a great conversationalist requires practice and effort. The good news is it's a skill set anyone can acquire and refine. In just six lectures, How Conversation Works: 6 Lessons for Better Communication will teach you key strategies that can dramatically improve your ability to converse with anyone, from strangers to supervisors. Delivered by award-winning English professor Anne Curzan of the University of Michigan, this highly practical course focuses on the fundamental principles you need to know to become more conversationally aware and savvy at home, in the workplace, and beyond."--From publisher's web site.

GC 512.2 SIE PT.1 Siegel, Murray H. Algebra II / Teaching Co., 1994

Algebra II is the crucial high school mathematics course in preparing for a college education. Explains the key concepts and methods in Algebra II but also takes you "behind the scenes." Show both how as well as why the methods work, using real-world applications to answer the age-old question in mathematics classes: "When will I ever use this?"

GC 512.2 SIE PT.2 Siegel, Murray H. Algebra II / Teaching Co., 1994

Algebra II is the crucial high school mathematics course in preparing for a college education. Explains the key concepts and methods in Algebra II but also takes you "behind the scenes." Show both how as well as why the methods work, using real-world applications to answer the age-old question in mathematics classes: "When will I ever use this?"

GC 512.2 SIE PT.3 Siegel, Murray H. Algebra II / Teaching Co., 1994

Algebra II is the crucial high school mathematics course in preparing for a college education. Explains the key concepts and methods in Algebra II but also takes you "behind the scenes." Show both how as well as why the methods work, using real-world applications to answer the age-old question in mathematics classes: "When will I ever use this?"

GC 515.16 EDW Edwards, Bruce H. Mathematics describing the real world: precalculus and trigonometry / Teaching Co., 2011

Finally make sense of the mysteries of precalculus and trigonometry. You'll gain new insights into functions, complex numbers, matrices, and much more.

GC 778.9 SAR Sartore, Joel. The art of travel photography: six expert lessons / Teaching Co., 2013

From blown-out lighting to the same ho-hum shots that have been done a thousand times before, we've all learned how difficult it can be to capture the magic of the moment or do our travels justice with a point-and-click approach. But by understanding some basic photographic principles and best practices, you can develop and refine your photographer's eye so that you break free from the traps most travelers fall prey to and produce pictures that reach their full potential.

GC 781.65 MES Messenger, Bill. Elements of jazz / Teaching Co. 1995

Presents an overview of jazz, its elements, and its history. Includes performances by various jazz artists.

GC 828 Mar Markos, Louis. The life and writings of C.S. Lewis / Teaching Co. 2001 Twelve lectures on the author C.S. Lewis.

GC 883 VAN Vandiver, Elizabeth. The great courses: the Odyssey of Homer / The Teaching Company, 1999

The Odyssey assumes that its audience knows how the Trojan War ended and what happened next. This lecture series sketches out the events that took place between the Illiad and the Odyssey, the Odyssey's complicated chronology and narrative structure and the importance of the Odyssey as a whole.

GC 900 LIU Liulevicius, Vejas G., Turning points in modern history / Teaching Company, 2013

Turning Points in Modern History takes you on a far-reaching journey around the globe—from China to the Americas to New Zealand—to shed light on how two dozen of the top discoveries, inventions, political upheavals, and ideas since 1400 have shaped the modern world.